

Wäller-Lauf-Cup 2023, Altersklassen-Wertung

Wertung Wäller-Lauf-Cup 2023 (13. Jahr), Stand vom 17.5.2023 nach Lauf 3							Punkte WLC - Wertung										Punkte Altersklassenwertung											
Name	Verein/Ort	Jahrg.	Klasse	Platz WLC	Klassen-Wertung	Teilnahmen	Summe WLC	L1	L2	L3	L4	L5	L6	L7	L8	L9	L10	Summe AK-W.	L1	L2	L3	L4	L5	L6	L7	L8	L9	L10
Wolf, Sebastian	TV Eitelborn	1994	M20	3	1	3	127	43	40	44	0	0	0	0	0	0	0	29	10	10	9	0	0	0	0	0	0	0
Hehl, Lucas	MSC Hof/DMV	1994	M20	10	2	2	79	0	37	42	0	0	0	0	0	0	0	17	0	9	8	0	0	0	0	0	0	0
Schneider, Thomas	VfL Waldbreitbach	1994	M20	14	3	1	50	0	0	50	0	0	0	0	0	0	0	10	0	0	10	0	0	0	0	0	0	0
Schumacher, Pascal	Tribärs Sespenroth	1995	M20	31	4	1	30	0	30	0	0	0	0	0	0	0	0	8	0	8	0	0	0	0	0	0	0	0
Kukat, Cedric	GuS Boden	2000	M20	36	5	1	25	0	25	0	0	0	0	0	0	0	0	7	0	7	0	0	0	0	0	0	0	0
Schaefer, Wolfgang		1999	M20	59	6	1	0	0	0	0	0	0	0	0	0	0	0	6	0	6	0	0	0	0	0	0	0	0
Van Riesen, Thierry	TuS Horhausen	1990	M30	1	1	3	148	50	50	48	0	0	0	0	0	0	0	30	10	10	10	0	0	0	0	0	0	0
Hähn, Patrick	JSSV Freirachdorf	1989	M30	14	2	2	50	0	21	29	0	0	0	0	0	0	0	15	0	8	7	0	0	0	0	0	0	0
Müller, Michel	TTC Wirges	1992	M30	38	3	1	23	0	23	0	0	0	0	0	0	0	0	9	0	9	0	0	0	0	0	0	0	0
Over, Markus	Rheinhöhenlauf	1993	M30	23	3	1	38	0	0	38	0	0	0	0	0	0	0	9	0	0	9	0	0	0	0	0	0	0
Steinebach, Tim	SC Simmern 1946	1990	M30	27	3	1	34	34	0	0	0	0	0	0	0	0	0	9	9	0	0	0	0	0	0	0	0	0
Ströher, Florian	SF Höhr-Grenzhausen	1993	M30	28	4	1	33	0	0	33	0	0	0	0	0	0	0	8	0	0	8	0	0	0	0	0	0	0
Steutler, Johannes	LCH	1992	M30	41	5	1	19	0	19	0	0	0	0	0	0	0	0	7	0	7	0	0	0	0	0	0	0	0
Bons, Daniel	Nölken Hygiene Products GmbH	1989	M30	34	6	1	27	0	0	27	0	0	0	0	0	0	0	6	0	0	6	0	0	0	0	0	0	0
Lorscheid, Pascal		1989	M30	42	7	1	17	0	0	17	0	0	0	0	0	0	0	5	0	0	5	0	0	0	0	0	0	0
Rönsch, Markus		1987	M35	6	1	3	93	35	27	31	0	0	0	0	0	0	0	25	9	7	9	0	0	0	0	0	0	0
Wolf, Alexander	TV Rennerod- Run for Fun	1984	M35	11	2	3	73	29	18	26	0	0	0	0	0	0	0	19	8	5	6	0	0	0	0	0	0	0
Wilde, Daniel		1984	M35	31	3	2	30	22	8	0	0	0	0	0	0	0	0	11	7	4	0	0	0	0	0	0	0	0
Hamm, Benedikt	Koblenz-Güls	1986	M35	22	4	1	39	39	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Ihle, Mathias		1985	M35	24	4	1	37	0	0	37	0	0	0	0	0	0	0	10	0	0	10	0	0	0	0	0	0	0
Stahl, Matthias	Basaltköpfe TEGI Runners	1984	M35	17	4	1	45	0	45	0	0	0	0	0	0	0	0	10	0	10	0	0	0	0	0	0	0	0
Kaiser, Ralph	Basalrunners	1985	M35	26	5	1	35	0	35	0	0	0	0	0	0	0	0	9	0	9	0	0	0	0	0	0	0	0
Cramer, Tobias		1985	M35	30	6	1	31	0	31	0	0	0	0	0	0	0	0	8	0	8	0	0	0	0	0	0	0	0
Mauruschat, Dirk	LLG St. Augustin	1986	M35	31	6	1	30	0	0	30	0	0	0	0	0	0	0	8	0	0	8	0	0	0	0	0	0	0
Finger, Tobias	SC Hümmerich	1984	M35	54	7	2	5	5	0	0	0	0	0	0	0	0	0	7	6	1	0	0	0	0	0	0	0	0
Jansen, Andreas		1985	M35	33	7	1	28	0	0	28	0	0	0	0	0	0	0	7	0	0	7	0	0	0	0	0	0	0
Reichwein, Sven	SV Heiligenroth	1987	M35	39	8	1	22	0	22	0	0	0	0	0	0	0	0	6	0	6	0	0	0	0	0	0	0	0
Rüddel, Alexander	KG Wenter Klaavbröder	1984	M35	53	9	1	6	0	0	6	0	0	0	0	0	0	0	5	0	0	5	0	0	0	0	0	0	0
Henkes, Thorsten	LCH	1987	M35	58	10	1	1	0	1	0	0	0	0	0	0	0	0	3	0	3	0	0	0	0	0	0	0	0
Giloy, Frank		1985	M35	59	11	1	0	0	0	0	0	0	0	0	0	0	0	2	0	2	0	0	0	0	0	0	0	0

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Vogt, Andreas	Tri-Power Rhein-Sieg	1981	M40	7	1	2	89	45	44	0	0	0	0	0	0	0	0	20	10	10	0	0	0	0	0	0	0	0
Reinshagen, Peter	Lauftreff op de Hüh Aegidienberg	1981	M40	17	2	1	45	0	0	45	0	0	0	0	0	0	0	10	0	0	10	0	0	0	0	0	0	0
Blaum, Steffen	LCH	1983	M40	27	3	1	34	0	34	0	0	0	0	0	0	0	0	9	0	9	0	0	0	0	0	0	0	0
Haack, Christoph		1982	M40	19	3	1	42	42	0	0	0	0	0	0	0	0	0	9	9	0	0	0	0	0	0	0	0	0
Holderied, Stefan		1979	M40	16	3	2	47	31	16	0	0	0	0	0	0	0	0	9	6	3	0	0	0	0	0	0	0	0
Reisdorf, Christian	FFW Kirchspiel Anhausen	1982	M40	20	3	1	41	0	0	41	0	0	0	0	0	0	0	9	0	0	9	0	0	0	0	0	0	0
Faber, Sascha	münz Lauftreff Westerwald	1982	M40	23	4	1	38	38	0	0	0	0	0	0	0	0	0	8	8	0	0	0	0	0	0	0	0	0
Klöckner, Moritz		1983	M40	28	4	1	33	0	33	0	0	0	0	0	0	0	0	8	0	8	0	0	0	0	0	0	0	0
Straußfeld, Michael	LT Siebengebirge	1979	M40	25	4	1	36	0	0	36	0	0	0	0	0	0	0	8	0	0	8	0	0	0	0	0	0	0
Cornehl, Thomas	SC Alemannia Dreikirchen	1983	M40	33	5	1	28	0	28	0	0	0	0	0	0	0	0	7	0	7	0	0	0	0	0	0	0	0
Wegener, Lars	Familie Wegener	1980	M40	37	5	1	24	0	0	24	0	0	0	0	0	0	0	7	0	0	7	0	0	0	0	0	0	0
Winkel, Florian	Eitelborn	1980	M40	28	5	1	33	33	0	0	0	0	0	0	0	0	0	7	7	0	0	0	0	0	0	0	0	0
Henkes, Matthias	Feuerwehr Ruppach-Goldhausen	1983	M40	35	6	1	26	0	26	0	0	0	0	0	0	0	0	6	0	6	0	0	0	0	0	0	0	0
Klein, Andreas	Lauffreunde Berghausen	1982	M40	52	6	1	7	0	0	7	0	0	0	0	0	0	0	6	0	0	6	0	0	0	0	0	0	0
Maahs, Martin	Eintracht Fra. Triathlon	1980	M40	37	7	1	24	0	24	0	0	0	0	0	0	0	0	5	0	5	0	0	0	0	0	0	0	0
Ludwig, Björn		1979	M40	42	8	1	17	0	17	0	0	0	0	0	0	0	0	4	0	4	0	0	0	0	0	0	0	0
Dehner, Frank		1981	M40	46	9	1	13	0	13	0	0	0	0	0	0	0	0	2	0	2	0	0	0	0	0	0	0	0
Wörsdörfer, Jens		1979	M40	49	10	1	10	0	10	0	0	0	0	0	0	0	0	1	0	1	0	0	0	0	0	0	0	0
Wunderlich, Kai	ASV Boden	1980	M40	49	10	1	10	0	10	0	0	0	0	0	0	0	0	1	0	1	0	0	0	0	0	0	0	0
Heilmann, Thomas		1980	M40	59	11	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Wollny, Marco		1974	M45	13	1	3	61	27	15	19	0	0	0	0	0	0	0	25	9	8	8	0	0	0	0	0	0	0
Wolf, Daniel	TV Rennerod - Run for Fun	1977	M45	33	2	3	28	17	0	11	0	0	0	0	0	0	0	18	7	5	6	0	0	0	0	0	0	0
Schulte-Altendorneburg, Thilo	münz Lauftreff Westerwald	1974	M45	41	3	2	19	18	1	0	0	0	0	0	0	0	0	14	8	6	0	0	0	0	0	0	0	0
Gil-Gustavo, Jesús	schnell rápido	1978	M45	21	4	1	40	0	0	40	0	0	0	0	0	0	0	10	0	0	10	0	0	0	0	0	0	0
Merz, Peene	Lame Runners	1978	M45	21	4	1	40	40	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
WOLF, Kevin	PJM Investment Akademie	1978	M45	15	4	1	48	0	48	0	0	0	0	0	0	0	0	10	0	10	0	0	0	0	0	0	0	0
Hähn, Thomas		1976	M45	40	5	1	21	0	0	21	0	0	0	0	0	0	0	9	0	0	9	0	0	0	0	0	0	0
Püttmann, Randy	Erdinger Active Team	1974	M45	58	5	2	1	1	0	0	0	0	0	0	0	0	0	9	6	0	3	0	0	0	0	0	0	0
Ströbel, Otto	DLRG Vallendar	1977	M45	20	5	1	41	0	41	0	0	0	0	0	0	0	0	9	0	9	0	0	0	0	0	0	0	0
Ringel, Michael	LG Laacher See	1974	M45	59	6	2	0	0	0	0	0	0	0	0	0	0	0	8	5	3	0	0	0	0	0	0	0	0
Albers, Björn	Hohn Runners	1978	M45	44	7	1	15	0	0	15	0	0	0	0	0	0	0	7	0	0	7	0	0	0	0	0	0	0
Petermann, Robert	münz Lauftreff Westerwald	1978	M45	45	7	1	14	0	14	0	0	0	0	0	0	0	0	7	0	7	0	0	0	0	0	0	0	0
Stewering, Jörn		1976	M45	54	8	1	5	0	0	5	0	0	0	0	0	0	0	5	0	0	5	0	0	0	0	0	0	0
Liptau, Christopher	Handwerkskammer Koblenz	1976	M45	59	9	1	0	0	0	0	0	0	0	0	0	0	0	4	0	4	0	0	0	0	0	0	0	0
Singel, Christian	Polzeisportverein Siegburg	1974	M45	57	9	1	2	0	0	2	0	0	0	0	0	0	0	4	0	0	4	0	0	0	0	0	0	0

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Ickenroth, Alexander	SRL Triathlon Koblenz	1969	M50	2	1	3	135	46	43	46	0	0	0	0	0	0	0	28	9	9	10	0	0	0	0	0	0	0
Schütz, Andreas	Tus Wallmerod	1973	M50	5	2	2	94	48	46	0	0	0	0	0	0	0	0	20	10	10	0	0	0	0	0	0	0	0
Klein, Uwe	LG Rhein-Wied	1972	M50	8	3	2	85	0	42	43	0	0	0	0	0	0	0	17	0	8	9	0	0	0	0	0	0	0
Martin, Jörg	Tribärs Sespennroth	1970	M50	9	4	2	80	41	39	0	0	0	0	0	0	0	0	15	8	7	0	0	0	0	0	0	0	0
Wengenroth, Andreas	Münz Laufftreff Westerwald	1970	M50	26	5	3	35	20	2	13	0	0	0	0	0	0	0	13	7	0	6	0	0	0	0	0	0	0
Meuer, Marco	LT Höhr-Grenzhausen	1971	M50	57	6	3	2	2	0	0	0	0	0	0	0	0	0	11	6	0	5	0	0	0	0	0	0	0
Höller, Dirk		1969	M50	38	7	2	23	0	5	18	0	0	0	0	0	0	0	8	0	1	7	0	0	0	0	0	0	0
Marchlewski, Nico	LT Siebengebirge	1969	M50	22	7	1	39	0	0	39	0	0	0	0	0	0	0	8	0	0	8	0	0	0	0	0	0	0
Michaelis, Olli	Meddys LWT Koblenz	1972	M50	53	8	2	6	0	6	0	0	0	0	0	0	0	0	7	5	2	0	0	0	0	0	0	0	0
Kilian, Michael	münz Laufftreff Westerwald	1972	M50	23	9	1	38	0	38	0	0	0	0	0	0	0	0	6	0	6	0	0	0	0	0	0	0	0
Hain, Oliver	Basaltköppe Tegirrunners	1972	M50	25	10	1	36	0	36	0	0	0	0	0	0	0	0	5	0	5	0	0	0	0	0	0	0	0
Herden, Stephan	Rot-Weiss Koblenz	1972	M50	32	11	1	29	0	29	0	0	0	0	0	0	0	0	4	0	4	0	0	0	0	0	0	0	0
Idler, Heiko		1971	M50	48	12	1	11	0	11	0	0	0	0	0	0	0	0	3	0	3	0	0	0	0	0	0	0	0
Syrbe, Christoph		1966	M55	38	1	3	23	11	0	12	0	0	0	0	0	0	0	21	6	8	7	0	0	0	0	0	0	0
Wohde, Adam	TV Ransbach	1966	M55	25	2	2	36	24	12	0	0	0	0	0	0	0	0	17	7	10	0	0	0	0	0	0	0	0
Kilian, Jörg		1966	M55	55	3	2	4	4	0	0	0	0	0	0	0	0	0	12	5	7	0	0	0	0	0	0	0	0
Bensch, Frank	VfB Linz	1966	M55	26	4	1	35	0	0	35	0	0	0	0	0	0	0	10	0	0	10	0	0	0	0	0	0	0
Krause, Frank	SRL Triathlon Koblenz	1968	M55	18	4	1	44	44	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Bodenheim, Guido	SV Remagen	1967	M55	25	5	1	36	36	0	0	0	0	0	0	0	0	0	9	9	0	0	0	0	0	0	0	0	0
Haase, Holger	Die Muskelkater	1965	M55	38	5	1	23	0	0	23	0	0	0	0	0	0	0	9	0	0	9	0	0	0	0	0	0	0
Jurisch, Detlef	Berchnuffranna	1964	M55	55	5	1	4	0	4	0	0	0	0	0	0	0	0	9	0	9	0	0	0	0	0	0	0	0
Ebert, Jürgen		1967	M55	33	6	1	28	28	0	0	0	0	0	0	0	0	0	8	8	0	0	0	0	0	0	0	0	0
Ströher, Markus	SF Höhr-Grenzhausen	1964	M55	43	6	1	16	0	0	16	0	0	0	0	0	0	0	8	0	0	8	0	0	0	0	0	0	0
Mohr, Ralph		1966	M55	59	7	1	0	0	0	0	0	0	0	0	0	0	0	6	0	0	6	0	0	0	0	0	0	0
Fröhlich, Chris	RT Bad Ems	1959	M60	4	1	3	103	37	32	34	0	0	0	0	0	0	0	30	10	10	10	0	0	0	0	0	0	0
Blank, Ralf	Höhr-Grenzhausen	1961	M60	12	2	3	70	30	20	20	0	0	0	0	0	0	0	24	8	9	7	0	0	0	0	0	0	0
Herz, Arno	münz Laufftreff Westerwald	1959	M60	35	3	2	26	23	3	0	0	0	0	0	0	0	0	15	7	8	0	0	0	0	0	0	0	0
Blech, Manfred	Meudt	1960	M60	46	4	2	13	13	0	0	0	0	0	0	0	0	0	13	6	7	0	0	0	0	0	0	0	0
Kilanowski, Ralf	TV Eitelborn	1963	M60	29	5	1	32	32	0	0	0	0	0	0	0	0	0	9	9	0	0	0	0	0	0	0	0	0
Laux, Bernd	LT Siebengebirge	1960	M60	29	5	1	32	0	0	32	0	0	0	0	0	0	0	9	0	0	9	0	0	0	0	0	0	0
Vohl, Stephan	Team Erdinger Active	1963	M60	51	5	2	8	8	0	0	0	0	0	0	0	0	0	9	3	6	0	0	0	0	0	0	0	0
Dittrich, Jörg	Laufftreff Puderbach	1960	M60	39	6	1	22	0	0	22	0	0	0	0	0	0	0	8	0	0	8	0	0	0	0	0	0	0
Findling, Dietmar	Laufteam Baumkreis	1960	M60	53	7	2	6	6	0	0	0	0	0	0	0	0	0	7	2	5	0	0	0	0	0	0	0	0
Meier, Uwe		1962	M60	50	8	1	9	0	0	9	0	0	0	0	0	0	0	6	0	0	6	0	0	0	0	0	0	0
Jungheim, Wilhelm		1962	M60	55	9	1	4	0	0	4	0	0	0	0	0	0	0	5	0	0	5	0	0	0	0	0	0	0
Pries, Ingo	LT Höhr-Grenzhausen	1960	M60	49	9	1	10	10	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0	0	0	0	0	0
Engels, Herbert	LT SV Windhagen	1962	M60	59	10	1	0	0	0	0	0	0	0	0	0	0	0	4	0	0	4	0	0	0	0	0	0	0
Fiebigler, Hartmut	LT SV Windhagen	1963	M60	59	10	1	0	0	0	0	0	0	0	0	0	0	0	4	0	0	4	0	0	0	0	0	0	0
Lietz, Stefan	TG Oberlahnstein	1961	M60	50	10	1	9	9	0	0	0	0	0	0	0	0	0	4	4	0	0	0	0	0	0	0	0	0
Linscheid, Gebhard	VfR Winden	1962	M60	59	10	1	0	0	0	0	0	0	0	0	0	0	0	4	0	4	0	0	0	0	0	0	0	0

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Lietz, Meike		1996	W20	20	1	1	37	37	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Gilles, Clarissa	TV Eitelborn	1992	W30	1	1	3	144	46	50	48	0	0	0	0	0	0	0	28	9	10	9	0	0	0	0	0	0	0
Drehmann, Sissy	TV Rennerod	1989	W30	3	2	3	133	43	45	45	0	0	0	0	0	0	0	25	8	9	8	0	0	0	0	0	0	0
Tallmann, Joanna	Selbstläufer Altenahr	1991	W30	5	3	2	100	50	0	50	0	0	0	0	0	0	0	20	10	0	10	0	0	0	0	0	0	0
Hommrich, Christina		1993	W30	16	4	1	41	0	41	0	0	0	0	0	0	0	0	8	0	8	0	0	0	0	0	0	0	0
Reusch, Luisa		1991	W30	18	5	1	39	0	39	0	0	0	0	0	0	0	0	7	0	7	0	0	0	0	0	0	0	0
Stein, Melanie		1991	W30	20	6	1	37	0	37	0	0	0	0	0	0	0	0	6	0	6	0	0	0	0	0	0	0	0
Albers, Astrid	Hohn Runners	1987	W35	14	1	1	43	0	0	43	0	0	0	0	0	0	0	10	0	0	10	0	0	0	0	0	0	0
Schlosser, Patricia	RSG Montabaur	1988	W35	19	1	1	38	38	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Hoferichter, Sabrina	Fahrschule Redmer Windhagen	1988	W35	25	2	1	31	0	0	31	0	0	0	0	0	0	0	9	0	0	9	0	0	0	0	0	0	0
Schneeloch, Sonja	TuS Horhausen	1981	W40	13	1	1	46	0	46	0	0	0	0	0	0	0	0	10	0	10	0	0	0	0	0	0	0	0
Poßberg, Anna	münz Laufftreff Westerwald	1982	W40	15	2	1	42	0	42	0	0	0	0	0	0	0	0	9	0	9	0	0	0	0	0	0	0	0
Wollny, Diana		1976	W45	4	1	3	128	44	40	44	0	0	0	0	0	0	0	29	10	9	10	0	0	0	0	0	0	0
Born, Doreen	Münz Laufftreff Westerwald	1977	W45	8	2	2	84	40	44	0	0	0	0	0	0	0	0	18	8	10	0	0	0	0	0	0	0	0
Dietrich, Konstanze	RC Kalmar	1976	W45	15	3	1	42	42	0	0	0	0	0	0	0	0	0	9	9	0	0	0	0	0	0	0	0	0
Gerhartz, Silke	Laufftreff Bruchhausen	1977	W45	20	3	1	37	0	0	37	0	0	0	0	0	0	0	9	0	0	9	0	0	0	0	0	0	0
Kreienberg, Silke	Laufftreff SV Windhagen	1974	W45	23	4	1	34	0	0	34	0	0	0	0	0	0	0	8	0	0	8	0	0	0	0	0	0	0
Klöckner, Susanne		1970	W50	18	1	1	39	39	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Paffhausen, Claudia		1973	W50	18	1	1	39	0	0	39	0	0	0	0	0	0	0	10	0	0	10	0	0	0	0	0	0	0
Gorißen-Syrbe, Heike		1966	W55	2	1	3	139	45	48	46	0	0	0	0	0	0	0	30	10	10	10	0	0	0	0	0	0	0
Hoffmann, Jutta	münz Laufftreff Westerwald	1968	W55	8	2	2	84	41	43	0	0	0	0	0	0	0	0	18	9	9	0	0	0	0	0	0	0	0
Engler, Monika	VfL Waldbreitbach	1968	W55	15	3	1	42	0	0	42	0	0	0	0	0	0	0	9	0	0	9	0	0	0	0	0	0	0
Färber, Petra		1964	W55	17	4	1	40	0	0	40	0	0	0	0	0	0	0	8	0	0	8	0	0	0	0	0	0	0
Hanesch, Irmgard	SV Obererbach	1965	W55	22	4	1	35	35	0	0	0	0	0	0	0	0	0	8	8	0	0	0	0	0	0	0	0	0
Friedenberger, Silvia	LT Siebengebirge	1968	W55	20	5	1	37	0	0	37	0	0	0	0	0	0	0	7	0	0	7	0	0	0	0	0	0	0
Neuroth, Sylvia	Westerwälder Laufftreff	1966	W55	22	6	1	35	0	0	35	0	0	0	0	0	0	0	6	0	0	6	0	0	0	0	0	0	0
Bleise, Sabine	Westerwälder Laufftreff	1968	W55	26	7	1	30	0	0	30	0	0	0	0	0	0	0	5	0	0	5	0	0	0	0	0	0	0
Fiebiger, Sabine	LT SV Windhagen	1964	W55	28	8	1	28	0	0	28	0	0	0	0	0	0	0	4	0	0	4	0	0	0	0	0	0	0
Schmidt, Tatjana	Sportfreunde Puderbach	1963	W60	6	1	3	90	31	33	26	0	0	0	0	0	0	0	24	8	8	8	0	0	0	0	0	0	0
Kostin, Anna	Sportfreunde Puderbach	1960	W60	7	2	3	85	30	31	24	0	0	0	0	0	0	0	21	7	7	7	0	0	0	0	0	0	0
Schneider, Sabine	BiermarathonHachenburg	1963	W60	10	3	2	69	0	36	33	0	0	0	0	0	0	0	20	0	10	10	0	0	0	0	0	0	0
Stamm, Annette	LG Alsbach	1962	W60	10	4	2	69	34	35	0	0	0	0	0	0	0	0	19	10	9	0	0	0	0	0	0	0	0
Beyer, Andrea		1961	W60	24	5	1	32	0	0	32	0	0	0	0	0	0	0	9	0	0	9	0	0	0	0	0	0	0
Michaelis, Evelyn	Meddys LWT Koblenz	1961	W60	24	5	1	32	32	0	0	0	0	0	0	0	0	0	9	9	0	0	0	0	0	0	0	0	0
Brenk, Marita	LG Westerwald	1955	W65	9	1	2	70	0	32	38	0	0	0	0	0	0	0	19	0	9	10	0	0	0	0	0	0	0
Bruchof, Heike	SG Neuhäusel	1957	W65	19	2	1	38	0	38	0	0	0	0	0	0	0	0	10	0	10	0	0	0	0	0	0	0	0
Meuer, Sigrid	SV Weitersburg	1958	W65	21	2	1	36	36	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Pimmem, Dagmar		1958	W65	27	3	1	29	0	0	29	0	0	0	0	0	0	0	9	0	0	9	0	0	0	0	0	0	0
Weiss, Petra	SV Windhagen	1957	W65	30	4	1	25	0	0	25	0	0	0	0	0	0	0	8	0	0	8	0	0	0	0	0	0	0
Lackas, Birgit	LT Höhr-Grenzhausen	1953	W70	11	1	2	68	33	35	0	0	0	0	0	0	0	0	20	10	10	0	0	0	0	0	0	0	0
Engel, Charlotte		1948	W75	29	1	1	27	0	0	27	0	0	0	0	0	0	0	10	0	0	10	0	0	0	0	0	0	0
Smolka, Lea	Marathon Schwarzwasser	2007	WU18	12	1	1	48	48	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Tilgen, Amani		2009	WU18	16	1	1	41	0	0	41	0	0	0	0	0	0	0	10	0	0	10	0	0	0	0	0	0	0