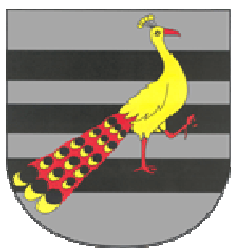


22.VOLKSLAUF IN ALSBACH SAMSTAG, 18.JUNI 2011 Ergebnisliste



ALSBACH
WESTERWALD



Mit Halbmarathon und Walking

| 18.6.2011, 22. Volkslauf Alsbach: 10 km Volkslauf, Einlaufliste | | | | | | | | |
|---|-----------------------|--------------------------|----------|--------|----------|--------------|---------------|--------------|
| Start-Nr. | Name | Verein/Ort | Jahrgang | Klasse | Endzeit | Platz Klasse | Platz Geschl. | Platz gesamt |
| 210 | Noß, Oliver | CLC Caan | 1969 | M40 | 00.39.08 | 1 | 1 | 1 |
| 112 | Gros, Benjamin | Running Team Bad Ems | 1981 | M30 | 00.39.54 | 1 | 2 | 2 |
| 37 | Giesen, Tobias | SC Kannenbäckerland | 1982 | M20 | 00.40.32 | 1 | 3 | 3 |
| 216 | Klößner, Jonas | | 1994 | MJB | 00.41.32 | 1 | 4 | 4 |
| 42 | Wagner, Markus | SG Weinbachtal | 1970 | M40 | 00.41.42 | 2 | 5 | 5 |
| 66 | Steinberg, Volker | KRC Rhenania | 1968 | M40 | 00.41.53 | 3 | 6 | 6 |
| 146 | Stahl, Thomas | TuS Imtraut | 1963 | M45 | 00.41.59 | 1 | 7 | 7 |
| 190 | Eyl, Melanie | LSC Maischeid | 1981 | W30 | 00.42.15 | 1 | 1 | 8 |
| 182 | Schäfer, Lars | Nisterberg | 1980 | M30 | 00.42.16 | 2 | 8 | 9 |
| 179 | Simonis, Mario | LT Höhr-Grenzhausen | 1972 | M35 | 00.42.24 | 1 | 9 | 10 |
| 69 | Meurer, Johannes | | 1984 | M20 | 00.42.32 | 2 | 10 | 11 |
| 71 | Steffens, Lars | Hase-liebt-Ela | 1977 | M30 | 00.42.50 | 3 | 11 | 12 |
| 68 | Meurer, Reimund | Gülser Mosel Skater | 1961 | M50 | 00.42.57 | 1 | 12 | 13 |
| 152 | Strauch, Christian | DJK Marienstatt | 1992 | MJA | 00.42.58 | 1 | 13 | 14 |
| 52 | Janke, Dietmar | SC Selters | 1951 | M60 | 00.43.22 | 1 | 14 | 15 |
| 57 | Severin, Harald | | 1963 | M45 | 00.43.46 | 2 | 15 | 16 |
| 67 | Weber, Detlef | | 1965 | M45 | 00.44.05 | 3 | 16 | 17 |
| 49 | Ströder, Reiner | TV Ransbach | 1950 | M60 | 00.44.12 | 2 | 17 | 18 |
| 151 | Bell, Christin | DJK Marienstatt | 1991 | W20 | 00.44.13 | 1 | 2 | 19 |
| 101 | Adams, Klaus | Running Team Bad Ems | 1958 | M50 | 00.44.17 | 2 | 18 | 20 |
| 107 | Müsch, Jürgen | BBC Koblenz-Horchheim | 1954 | M55 | 00.44.29 | 1 | 19 | 21 |
| 54 | Fries, Susanne | | 1977 | W30 | 00.44.45 | 2 | 3 | 22 |
| 73 | Junker, Ingo | Meddy's LWT Koblenz | 1965 | M45 | 00.46.03 | 4 | 20 | 23 |
| 46 | Brenner, Anja | WSG Bad Marienberg | 1972 | W35 | 00.46.23 | 1 | 4 | 24 |
| 47 | Brenner, Andreas | | 1969 | M40 | 00.46.23 | 4 | 21 | 24 |
| 199 | Trumm, Richard | TV Ransbach | 1955 | M55 | 00.46.53 | 2 | 22 | 26 |
| 196 | Gensty, Michael | | 1978 | M30 | 00.47.05 | 4 | 23 | 27 |
| 180 | Koch, Ronny | LSV Dresden | 1973 | M35 | 00.47.23 | 2 | 24 | 28 |
| 155 | Blank, Ralf | Höhr-Grenzhausen | 1961 | M50 | 00.47.26 | 3 | 25 | 29 |
| 191 | Czerulla, Rainer | | 1959 | M50 | 00.47.29 | 4 | 26 | 30 |
| 165 | Blech, Manfred | TuS Wallmerod | 1960 | M50 | 00.47.57 | 5 | 27 | 31 |
| 111 | Cardinale, Mario | | 1963 | M45 | 00.48.18 | 5 | 28 | 32 |
| 139 | Görg, Achim | TuS Mogendorf | 1961 | M50 | 00.48.19 | 6 | 29 | 33 |
| 195 | Tomoscheit, Sven | | 1988 | M20 | 00.48.46 | 3 | 30 | 34 |
| 184 | Pries, Ingo | LT Höhr-Grenzhausen | 1960 | M50 | 00.48.50 | 7 | 31 | 35 |
| 80 | Ringel, Michael | LG Laacher See | 1974 | M35 | 00.48.55 | 3 | 32 | 36 |
| 110 | Waldforst, Michael | Meddys LWT Koblenz | 1957 | M50 | 00.49.00 | 8 | 33 | 37 |
| 38 | Friedrich, Frank | RSG Montabaur | 1975 | M35 | 00.49.07 | 4 | 34 | 38 |
| 189 | Fietz, Hardy | GLS Verallia | 1955 | M55 | 00.49.27 | 3 | 35 | 39 |
| 153 | Weidenfeller, Holger | Beachclub Dernbach/Mont. | 1965 | M45 | 00.49.37 | 6 | 36 | 40 |
| 58 | Schäfer, Lisa Sophie | TV Ransbach | 1989 | W20 | 00.49.39 | 2 | 5 | 41 |
| 35 | Sacher, Simeon | SC Ransbach-Baumbach | 1987 | M20 | 00.49.41 | 4 | 37 | 42 |
| 56 | Hattenbach, Patrick | | 1977 | M30 | 00.49.54 | 5 | 38 | 43 |
| 70 | Baumer, Alexander | | 1975 | M35 | 00.50.21 | 5 | 39 | 44 |
| 185 | Leicher, Achim | DJK Marienstatt | 1961 | M50 | 00.50.25 | 9 | 40 | 45 |
| 41 | Brenk, Marita | LT Alpenrod-Lochum | 1955 | W55 | 00.50.46 | 1 | 6 | 46 |
| 187 | Kretschmer, Martina | LT Puderbach | 1958 | W50 | 00.51.24 | 1 | 7 | 47 |
| 148 | Poggemann, Andreas | SV Heiligenroth | 1966 | M45 | 00.51.32 | 7 | 41 | 48 |
| 203 | Bertuleit, Rainer | TV08 Baumbach | 1966 | M45 | 00.51.40 | 8 | 42 | 49 |
| 154 | Pieler, Dietmar | TC Nauort | 1969 | M40 | 00.51.59 | 5 | 43 | 50 |
| 43 | Viert, Wolfgang | | 1941 | M70 | 00.52.02 | 1 | 44 | 51 |
| 44 | Sternner, Fränky | SC Birlenbach | 1956 | M55 | 00.52.08 | 4 | 45 | 52 |
| 194 | Ehmann, Edgar | LG Alsbach | 1947 | M60 | 00.52.09 | 3 | 46 | 53 |
| 149 | Schneider, Rita | Hobbit | 1965 | W45 | 00.52.12 | 1 | 8 | 54 |
| 53 | Menngen, Sabrina | | 1984 | W20 | 00.52.28 | 3 | 9 | 55 |
| 64 | Hahn, Arnold | SV Weitersburg | 1961 | M50 | 00.52.30 | 10 | 47 | 56 |
| 63 | Erfeldt, Reinhard | | 1956 | M55 | 00.53.12 | 5 | 48 | 57 |
| 40 | Wirz, Peter | LT Tus St. Sebastian | 1979 | M30 | 00.53.19 | 6 | 49 | 58 |
| 62 | Hofmann, Hans-Joachim | Bundeswehr | 1956 | M55 | 00.54.12 | 6 | 50 | 59 |
| 186 | Hürter, Wolfgang | LT Heimbach-Weis | 1951 | M60 | 00.54.17 | 4 | 51 | 60 |
| 198 | Simonis, Gunter | TV Ransbach | 1959 | M50 | 00.54.19 | 11 | 52 | 61 |
| 51 | HOHL, Rainer | LG HSC Gamlen-RSC Unterr | 1945 | M65 | 00.54.41 | 1 | 53 | 62 |
| 207 | Graef, Joerg | | 1971 | M40 | 00.55.57 | 6 | 54 | 63 |
| 59 | Dahlem, Martina | | 1963 | W45 | 00.56.16 | 2 | 10 | 64 |
| 45 | Stein, Norbert | Männerchor Dernbach | 1964 | M45 | 00.56.19 | 9 | 55 | 65 |
| 217 | Hillesheim, Stefan | | 1987 | M20 | 00.56.39 | 5 | 56 | 66 |
| 157 | Franzen, Sylvia | LG Laacher See | 1974 | W35 | 00.56.56 | 2 | 11 | 67 |

| 18.6.2011, 22. Volkslauf Alsbach: 10 km Volkslauf, Einlaufliste | | | | | | | | |
|--|----------------------|--------------------------|----------|--------|----------|--------------|---------------|--------------|
| Start-Nr. | Name | Verein/Ort | Jahrgang | Klasse | Endzeit | Platz Klasse | Platz Geschl. | Platz gesamt |
| 34 | Meuer, Marco | SF Höhr-Grenzhausen e.V. | 1971 | M40 | 00.58.33 | 7 | 57 | 68 |
| 60 | Pauli, Manuel | | 1981 | M30 | 00.59.29 | 7 | 58 | 69 |
| 55 | Jansen, Heike | TV Ransbach | 1960 | W50 | 00.59.34 | 2 | 12 | 70 |
| 106 | Sander, Timo | | 1998 | MJB | 00.59.36 | 2 | 59 | 71 |
| 105 | Sander, Rainer | | 1965 | M45 | 01.00.20 | 10 | 60 | 72 |
| 168 | Schultes, Otto | TuS Montabaur | 1935 | M75 | 01.00.37 | 1 | 61 | 73 |
| 48 | Ströder, Gertrud | TV Ransbach | 1956 | W55 | 01.01.02 | 2 | 13 | 74 |
| 193 | Mitsch, Sabine | SV Windhagen | 1959 | W50 | 01.03.42 | 3 | 14 | 75 |
| 50 | Binder, Wolfgang | | 1953 | M55 | 01.05.07 | 7 | 62 | 76 |
| 65 | Hahn, Maritta | SV Weitersburg | 1962 | W45 | 01.05.09 | 3 | 15 | 77 |
| 158 | Lörsch, Willi | TuS Immendorf | 1950 | M60 | 01.05.39 | 5 | 63 | 78 |
| 164 | Schwickerath, Werner | | 1935 | M75 | 01.14.20 | 2 | 64 | 79 |
| 176 | Reuter, Elianildimar | | 1963 | W45 | 01.24.07 | 4 | 16 | 80 |
| 174 | Steiner, Wolfgang | LG HSC Gamlen-RSC Unterr | 1963 | M45 | 01.24.08 | 11 | 65 | 81 |

| 18.6.2011, 22. Volkslauf Alsbach: 10 km Volkslauf, Klassenliste | | | | | | | | |
|---|-----------------------|--------------------------|----------|--------|----------|--------------|---------------|--------------|
| Start-Nr. | Name | Verein/Ort | Jahrgang | Klasse | Endzeit | Platz Klasse | Platz Geschl. | Platz gesamt |
| 216 | Klöckner, Jonas | | 1994 | MJB | 00.41.32 | 1 | 4 | 4 |
| 106 | Sander, Timo | | 1998 | MJB | 00.59.36 | 2 | 59 | 71 |
| 152 | Strauch, Christian | DJK Marienstatt | 1992 | MJA | 00.42.58 | 1 | 13 | 14 |
| 37 | Giesen, Tobias | SC Kannenbäckerland | 1982 | M20 | 00.40.32 | 1 | 3 | 3 |
| 69 | Meurer, Johannes | | 1984 | M20 | 00.42.32 | 2 | 10 | 11 |
| 195 | Tomoscheit, Sven | | 1988 | M20 | 00.48.46 | 3 | 30 | 34 |
| 35 | Sacher, Simeon | SC Ransbach-Baumbach | 1987 | M20 | 00.49.41 | 4 | 37 | 42 |
| 217 | Hillesheim, Stefan | | 1987 | M20 | 00.56.39 | 5 | 56 | 66 |
| 112 | Gros, Benjamin | Running Team Bad Ems | 1981 | M30 | 00.39.54 | 1 | 2 | 2 |
| 182 | Schäfer, Lars | Nisterberg | 1980 | M30 | 00.42.16 | 2 | 8 | 9 |
| 71 | Steffens, Lars | Hase-liebt-Ela | 1977 | M30 | 00.42.50 | 3 | 11 | 12 |
| 196 | Gensty, Michael | | 1978 | M30 | 00.47.05 | 4 | 23 | 27 |
| 56 | Hattenbach, Patrick | | 1977 | M30 | 00.49.54 | 5 | 38 | 43 |
| 40 | Wirz, Peter | LT Tus St. Sebastian | 1979 | M30 | 00.53.19 | 6 | 49 | 58 |
| 60 | Pauli, Manuel | | 1981 | M30 | 00.59.29 | 7 | 58 | 69 |
| 179 | Simonis, Mario | LT Höhr-Grenzhausen | 1972 | M35 | 00.42.24 | 1 | 9 | 10 |
| 180 | Koch, Ronny | LSV Dresden | 1973 | M35 | 00.47.23 | 2 | 24 | 28 |
| 80 | Ringel, Michael | LG Laacher See | 1974 | M35 | 00.48.55 | 3 | 32 | 36 |
| 38 | Friedrich, Frank | RSG Montabaur | 1975 | M35 | 00.49.07 | 4 | 34 | 38 |
| 70 | Baumer, Alexander | | 1975 | M35 | 00.50.21 | 5 | 39 | 44 |
| 210 | Noß, Oliver | CLC Caan | 1969 | M40 | 00.39.08 | 1 | 1 | 1 |
| 42 | Wagner, Markus | SG Weinbachtal | 1970 | M40 | 00.41.42 | 2 | 5 | 5 |
| 66 | Steinberg, Volker | KRC Rhenania | 1968 | M40 | 00.41.53 | 3 | 6 | 6 |
| 47 | Brenner, Andreas | | 1969 | M40 | 00.46.23 | 4 | 21 | 24 |
| 154 | Pieler, Dietmar | TC Nauort | 1969 | M40 | 00.51.59 | 5 | 43 | 50 |
| 207 | Graefer, Joerg | | 1971 | M40 | 00.55.57 | 6 | 54 | 63 |
| 34 | Meuer, Marco | SF Höhr-Grenzhausen e.V. | 1971 | M40 | 00.58.33 | 7 | 57 | 68 |
| 146 | Stahl, Thomas | TuS Irmtraut | 1963 | M45 | 00.41.59 | 1 | 7 | 7 |
| 57 | Severin, Harald | | 1963 | M45 | 00.43.46 | 2 | 15 | 16 |
| 67 | Weber, Detlef | | 1965 | M45 | 00.44.05 | 3 | 16 | 17 |
| 73 | Junker, Ingo | Meddy's LWT Koblenz | 1965 | M45 | 00.46.03 | 4 | 20 | 23 |
| 111 | Cardinale, Mario | | 1963 | M45 | 00.48.18 | 5 | 28 | 32 |
| 153 | Weidenfeller, Holger | Beachclub Dernbach/Mont. | 1965 | M45 | 00.49.37 | 6 | 36 | 40 |
| 148 | Poggemann, Andreas | SV Heiligenroth | 1966 | M45 | 00.51.32 | 7 | 41 | 48 |
| 203 | Bertuleit, Rainer | TV08 Baumbach | 1966 | M45 | 00.51.40 | 8 | 42 | 49 |
| 45 | Stein, Norbert | Männerchor Dernbach | 1964 | M45 | 00.56.19 | 9 | 55 | 65 |
| 105 | Sander, Rainer | | 1965 | M45 | 01.00.20 | 10 | 60 | 72 |
| 174 | Steiner, Wolfgang | LG HSC Gamlen-RSC Unterr | 1963 | M45 | 01.24.08 | 11 | 65 | 81 |
| 68 | Meurer, Reimund | Gülser Mosel Skater | 1961 | M50 | 00.42.57 | 1 | 12 | 13 |
| 101 | Adams, Klaus | Running Team Bad Ems | 1958 | M50 | 00.44.17 | 2 | 18 | 20 |
| 155 | Blank, Ralf | Höhr-Grenzhausen | 1961 | M50 | 00.47.26 | 3 | 25 | 29 |
| 191 | Czerulla, Rainer | | 1959 | M50 | 00.47.29 | 4 | 26 | 30 |
| 165 | Blech, Manfred | TuS Wallmerod | 1960 | M50 | 00.47.57 | 5 | 27 | 31 |
| 139 | Görg, Achim | TuS Mogendorf | 1961 | M50 | 00.48.19 | 6 | 29 | 33 |
| 184 | Pries, Ingo | LT Höhr-Grenzhausen | 1960 | M50 | 00.48.50 | 7 | 31 | 35 |
| 110 | Waldforst, Michael | Meddys LWT Koblenz | 1957 | M50 | 00.49.00 | 8 | 33 | 37 |
| 185 | Leicher, Achim | DJK Marienstatt | 1961 | M50 | 00.50.25 | 9 | 40 | 45 |
| 64 | Hahn, Arnold | SV Weitersburg | 1961 | M50 | 00.52.30 | 10 | 47 | 56 |
| 198 | Simonis, Gunter | TV Ransbach | 1959 | M50 | 00.54.19 | 11 | 52 | 61 |
| 107 | Müsch, Jürgen | BBC Koblenz-Horchheim | 1954 | M55 | 00.44.29 | 1 | 19 | 21 |
| 199 | Trumm, Richard | TV Ransbach | 1955 | M55 | 00.46.53 | 2 | 22 | 26 |
| 189 | Fietz, Hardy | GLS Verallia | 1955 | M55 | 00.49.27 | 3 | 35 | 39 |
| 44 | Sterner, Fränky | SC Birlenbach | 1956 | M55 | 00.52.08 | 4 | 45 | 52 |
| 63 | Erfeldt, Reinhard | | 1956 | M55 | 00.53.12 | 5 | 48 | 57 |
| 62 | Hofmann, Hans-Joachim | Bundeswehr | 1956 | M55 | 00.54.12 | 6 | 50 | 59 |
| 50 | Binder, Wolfgang | | 1953 | M55 | 01.05.07 | 7 | 62 | 76 |
| 52 | Janke, Dietmar | SC Selters | 1951 | M60 | 00.43.22 | 1 | 14 | 15 |
| 49 | Ströder, Reiner | TV Ransbach | 1950 | M60 | 00.44.12 | 2 | 17 | 18 |
| 194 | Ehmann, Edgar | LG Alsbach | 1947 | M60 | 00.52.09 | 3 | 46 | 53 |
| 186 | Hürter, Wolfgang | LT Heimbach-Weis | 1951 | M60 | 00.54.17 | 4 | 51 | 60 |
| 158 | Lörsch, Willi | TuS Immendorf | 1950 | M60 | 01.05.39 | 5 | 63 | 78 |
| 51 | HOHL, Rainer | LG HSC Gamlen-RSC Unterr | 1945 | M65 | 00.54.41 | 1 | 53 | 62 |
| 43 | Viert, Wolfgang | | 1941 | M70 | 00.52.02 | 1 | 44 | 51 |
| 168 | Schultes, Otto | TuS Montabaur | 1935 | M75 | 01.00.37 | 1 | 61 | 73 |
| 164 | Schwickerath, Werner | | 1935 | M75 | 01.14.20 | 2 | 64 | 79 |
| 151 | Bell, Christin | DJK Marienstatt | 1991 | W20 | 00.44.13 | 1 | 2 | 19 |
| 58 | Schäfer, Lisa Sophie | TV Ransbach | 1989 | W20 | 00.49.39 | 2 | 5 | 41 |

| 18.6.2011, 22. Volkslauf Alsbach: 10 km Volkslauf, Klassenliste | | | | | | | | |
|--|----------------------|--------------------|----------|--------|----------|--------------|---------------|--------------|
| Start-Nr. | Name | Verein/Ort | Jahrgang | Klasse | Endzeit | Platz Klasse | Platz Geschl. | Platz gesamt |
| 53 | Menngen, Sabrina | | 1984 | W20 | 00.52.28 | 3 | 9 | 55 |
| 190 | Eyl, Melanie | LSC Maischeid | 1981 | W30 | 00.42.15 | 1 | 1 | 8 |
| 54 | Fries, Susanne | | 1977 | W30 | 00.44.45 | 2 | 3 | 22 |
| 46 | Brenner, Anja | WSG Bad Marienberg | 1972 | W35 | 00.46.23 | 1 | 4 | 24 |
| 157 | Franzen, Sylvia | LG Laacher See | 1974 | W35 | 00.56.56 | 2 | 11 | 67 |
| 149 | Schneider, Rita | Hobbit | 1965 | W45 | 00.52.12 | 1 | 8 | 54 |
| 59 | Dahlem, Martina | | 1963 | W45 | 00.56.16 | 2 | 10 | 64 |
| 65 | Hahn, Maritta | SV Weitersburg | 1962 | W45 | 01.05.09 | 3 | 15 | 77 |
| 176 | Reuter, Elianildimar | | 1963 | W45 | 01.24.07 | 4 | 16 | 80 |
| 187 | Kretschmer, Martina | LT Puderbach | 1958 | W50 | 00.51.24 | 1 | 7 | 47 |
| 55 | Jansen, Heike | TV Ransbach | 1960 | W50 | 00.59.34 | 2 | 12 | 70 |
| 193 | Mitsch, Sabine | SV Windhagen | 1959 | W50 | 01.03.42 | 3 | 14 | 75 |
| 41 | Brenk, Marita | LT Alpenrod-Lochum | 1955 | W55 | 00.50.46 | 1 | 6 | 46 |
| 48 | Ströder, Gertrud | TV Ransbach | 1956 | W55 | 01.01.02 | 2 | 13 | 74 |

| 18.6.2011, 22. Volkslauf Alsbach: Halbmarathon, Einlaufliste | | | | | | | | |
|--|--------------------------|---------------------------|----------|--------|----------|--------------|---------------|--------------|
| Start-Nr. | Name | Verein/Ort | Jahrgang | Klasse | Endzeit | Platz Klasse | Platz Geschl. | Platz gesamt |
| 21 | van Leuck, Thomas | Triathlon Mülheim Kärlich | 1977 | M30 | 01.24.30 | 1 | 1 | 1 |
| 27 | ENGEL, Bernd | LG HSC Gamlen-RSC Unterr | 1966 | M45 | 01.26.01 | 1 | 2 | 2 |
| 141 | Kollas, Heiko | DAV Koblenz | 1970 | M40 | 01.27.01 | 1 | 3 | 3 |
| 28 | Müller, Bernd | LAV Bad Godesberg | 1952 | M55 | 01.29.40 | 1 | 4 | 4 |
| 192 | Christ, Thomas | TuS Rodenbach AH | 1962 | M45 | 01.30.12 | 2 | 5 | 5 |
| 171 | Kuhse, Ingo | | 1972 | M35 | 01.33.23 | 1 | 6 | 6 |
| 145 | Schwitalla, Konrad | | 1967 | M40 | 01.35.52 | 2 | 7 | 7 |
| 143 | Kramer, Gerd | TV Jahn Eitelborn | 1954 | M55 | 01.38.25 | 2 | 8 | 8 |
| 181 | Christoffel, Claus-Peter | | 1959 | M50 | 01.40.43 | 1 | 9 | 9 |
| 135 | Luhr, Markus | LG HSC Gamlen-RSC Unterr | 1972 | M35 | 01.41.30 | 2 | 10 | 10 |
| 29 | Neuendorf, Andreas | Team Erdinger Alkoholfrei | 1963 | M45 | 01.42.19 | 3 | 11 | 11 |
| 167 | Stein, Josef | LT Heimbach-Weis | 1954 | M55 | 01.43.06 | 3 | 12 | 12 |
| 142 | Schunk, Christian | | 1979 | M30 | 01.43.30 | 2 | 13 | 13 |
| 183 | Kubica, Thomas | | 1974 | M35 | 01.44.03 | 3 | 14 | 14 |
| 140 | Stein, Thomas | KV Niederwerth | 1967 | M40 | 01.44.58 | 3 | 15 | 15 |
| 32 | Hoffmann, Sigrid | SC Selters | 1965 | W45 | 01.45.28 | 1 | 1 | 16 |
| 147 | Rössler, Udo | Hellenhahn | 1966 | M45 | 01.45.32 | 4 | 16 | 17 |
| 137 | Niebisch, Eckhard | | 1959 | M50 | 01.45.45 | 2 | 17 | 18 |
| 144 | Hoffmann, Norbert | SC Selters | 1939 | M70 | 01.46.48 | 1 | 18 | 19 |
| 173 | Münzer, Thomas | | 1966 | M45 | 01.47.14 | 5 | 19 | 20 |
| 26 | SCHMITZ, Thorsten | LG HSC Gamlen-RSC Unterr | 1981 | M30 | 01.47.36 | 3 | 20 | 21 |
| 25 | Reimann, Udo | SV Niedererbach | 1953 | M55 | 01.49.40 | 4 | 21 | 22 |
| 136 | Manns, Ralf | Lauftreff Heimbach-Weis | 1964 | M45 | 01.50.36 | 6 | 22 | 23 |
| 23 | Krach, Lissy | LT Heimbach-Weis | 1960 | W50 | 01.50.57 | 1 | 2 | 24 |
| 22 | Baum, Viktor | LT Heimbach-Weis | 1958 | M50 | 01.50.58 | 3 | 23 | 25 |
| 169 | Waldvogel, Horst | LT Heimbach-Weis | 1951 | M60 | 01.52.14 | 1 | 24 | 26 |
| 150 | Leske, Joachim | | 1956 | M55 | 01.54.41 | 5 | 25 | 27 |
| 109 | Lietz, Stefan | TG Oberlahnstein | 1961 | M50 | 01.59.10 | 4 | 26 | 28 |
| 156 | Engler, Martina | LT Heimbach-Weis | 1962 | W45 | 02.05.38 | 2 | 3 | 29 |
| 138 | Langer, Jürgen | | 1953 | M55 | 02.06.20 | 6 | 27 | 30 |
| 77 | Jahnz, Klaus | LG Laacher See | 1949 | M60 | 02.10.27 | 2 | 28 | 31 |
| 81 | Schlegel, Jürgen | LG Laacher See | 1938 | M70 | 02.10.27 | 2 | 28 | 31 |
| 30 | Kurtenacker, Christoph | Meddy's LWT Koblenz | 1958 | M50 | 02.13.44 | 5 | 30 | 33 |
| 31 | Kurtenacker, Irmgard | Meddy's LWT Koblenz | 1949 | W60 | 02.13.44 | 1 | 4 | 33 |
| 163 | Krekel, Otmar | TuS Wallmerod | 1936 | M75 | 02.14.24 | 1 | 31 | 35 |

| 18.6.2011, 22. Volkslauf Alsbach: Halbmarathon, Klassenliste | | | | | | | | |
|--|--------------------------|---------------------------|----------|--------|----------|--------------|---------------|--------------|
| Start-Nr. | Name | Verein/Ort | Jahrgang | Klasse | Endzeit | Platz Klasse | Platz Geschl. | Platz gesamt |
| 21 | van Leuck, Thomas | Triathlon Mülheim Kärlich | 1977 | M30 | 01.24.30 | 1 | 1 | 1 |
| 142 | Schunk, Christian | | 1979 | M30 | 01.43.30 | 2 | 13 | 13 |
| 26 | SCHMITZ, Thorsten | LG HSC Gamlen-RSC Unterr | 1981 | M30 | 01.47.36 | 3 | 20 | 21 |
| 171 | Kuhse, Ingo | | 1972 | M35 | 01.33.23 | 1 | 6 | 6 |
| 135 | Luhr, Markus | LG HSC Gamlen-RSC Unterr | 1972 | M35 | 01.41.30 | 2 | 10 | 10 |
| 183 | Kubica, Thomas | | 1974 | M35 | 01.44.03 | 3 | 14 | 14 |
| 141 | Kollas, Heiko | DAV Koblenz | 1970 | M40 | 01.27.01 | 1 | 3 | 3 |
| 145 | Schwitalla, Konrad | | 1967 | M40 | 01.35.52 | 2 | 7 | 7 |
| 140 | Stein, Thomas | KV Niederwerth | 1967 | M40 | 01.44.58 | 3 | 15 | 15 |
| 27 | ENGEL, Bernd | LG HSC Gamlen-RSC Unterr | 1966 | M45 | 01.26.01 | 1 | 2 | 2 |
| 192 | Christ, Thomas | TuS Rodenbach AH | 1962 | M45 | 01.30.12 | 2 | 5 | 5 |
| 29 | Neuendorf, Andreas | Team Erdinger Alkoholfrei | 1963 | M45 | 01.42.19 | 3 | 11 | 11 |
| 147 | Rössler, Udo | Hellenhahn | 1966 | M45 | 01.45.32 | 4 | 16 | 17 |
| 173 | Münzer, Thomas | | 1966 | M45 | 01.47.14 | 5 | 19 | 20 |
| 136 | Manns, Ralf | Lauftreff Heimbach-Weis | 1964 | M45 | 01.50.36 | 6 | 22 | 23 |
| 181 | Christoffel, Claus-Peter | | 1959 | M50 | 01.40.43 | 1 | 9 | 9 |
| 137 | Niebisch, Eckhard | | 1959 | M50 | 01.45.45 | 2 | 17 | 18 |
| 22 | Baum, Viktor | LT Heimbach-Weis | 1958 | M50 | 01.50.58 | 3 | 23 | 25 |
| 109 | Lietz, Stefan | TG Oberlahnstein | 1961 | M50 | 01.59.10 | 4 | 26 | 28 |
| 30 | Kurtenacker, Christoph | Meddy's LWT Koblenz | 1958 | M50 | 02.13.44 | 5 | 30 | 33 |
| 28 | Müller, Bernd | LAV Bad Godesberg | 1952 | M55 | 01.29.40 | 1 | 4 | 4 |
| 143 | Kramer, Gerd | TV Jahn Eitelborn | 1954 | M55 | 01.38.25 | 2 | 8 | 8 |
| 167 | Stein, Josef | LT Heimbach-Weis | 1954 | M55 | 01.43.06 | 3 | 12 | 12 |
| 25 | Reimann, Udo | SV Niedererbach | 1953 | M55 | 01.49.40 | 4 | 21 | 22 |
| 150 | Leske, Joachim | | 1956 | M55 | 01.54.41 | 5 | 25 | 27 |
| 138 | Langer, Jürgen | | 1953 | M55 | 02.06.20 | 6 | 27 | 30 |
| 169 | Waldvogel, Horst | LT Heimbach-Weis | 1951 | M60 | 01.52.14 | 1 | 24 | 26 |
| 77 | Jahnz, Klaus | LG Laacher See | 1949 | M60 | 02.10.27 | 2 | 28 | 31 |
| 144 | Hoffmann, Norbert | SC Selters | 1939 | M70 | 01.46.48 | 1 | 18 | 19 |
| 81 | Schlegel, Jürgen | LG Laacher See | 1938 | M70 | 02.10.27 | 2 | 28 | 31 |
| 163 | Krekel, Otmar | TuS Wallmerod | 1936 | M75 | 02.14.24 | 1 | 31 | 35 |
| 32 | Hoffmann, Sigrid | SC Selters | 1965 | W45 | 01.45.28 | 1 | 1 | 16 |
| 156 | Engler, Martina | LT Heimbach-Weis | 1962 | W45 | 02.05.38 | 2 | 3 | 29 |
| 23 | Krach, Lissy | LT Heimbach-Weis | 1960 | W50 | 01.50.57 | 1 | 2 | 24 |
| 31 | Kurtenacker, Irmgard | Meddy's LWT Koblenz | 1949 | W60 | 02.13.44 | 1 | 4 | 33 |

| 18.6.2011, 22. Volkslauf Alsbach: 250 m Bambinilauf | | | | | | | | |
|--|------------------|---------------------|----------|--------|----------|--------------|---------------|--------------|
| Start-Nr. | Name | Verein/Ort | Jahrgang | Klasse | Endzeit | Platz Klasse | Platz Geschl. | Platz gesamt |
| 78 | Löhr, Lea | VfL Alsbach | 2004 | WBa7 | 00.00.58 | 1 | 1 | 1 |
| 94 | Bertuleit, Sarah | TV08 Baumbach | 2004 | WBa7 | 00.00.59 | 2 | 2 | 2 |
| 84 | Riedel, Jamie | VfL Alsbach | 2004 | WBa7 | 00.01.02 | 3 | 3 | 3 |
| 2 | Lemle, Chiara | JSG Alpenrod-Lochum | 2005 | WBa6 | 00.01.09 | 1 | 4 | 4 |
| 76 | Threes, Arne | LG Alsbach | 2006 | MBa5 | 00.01.12 | 1 | 1 | 5 |
| 83 | Riedel, Lina | VfL Alsbach | 2006 | WBa5 | 00.01.20 | 1 | 5 | 6 |
| 3 | Steinberg, Jette | KRC Rhenania | 2007 | WBa5 | 00.01.31 | 2 | 6 | 7 |
| 4 | Scheyer, Jakob | LG Alsbach | 2007 | MBa5 | 00.01.34 | 2 | 2 | 8 |
| 100 | Stoffels, Moritz | Alsbach | 2008 | MBa5 | 00.01.52 | 3 | 3 | 9 |
| 95 | Chowaniec, Lukas | Siershahn | 2005 | MBa6 | 00.02.30 | 1 | 4 | 10 |

| 18.6.2011, 22. Volkslauf Alsbach: 500 Schüler(-innen) D | | | | | | | | |
|--|-------------------|---------------|----------|--------|----------|--------------|---------------|--------------|
| Start-Nr. | Name | Verein/Ort | Jahrgang | Klasse | Endzeit | Platz Klasse | Platz Geschl. | Platz gesamt |
| 90 | Neitzert, Paulina | LSC Maischeid | 2002 | WSD | 00.01.55 | 1 | 1 | 1 |
| 96 | Noß, Johanna | CLC Caan | 2003 | WSD | 00.02.07 | 2 | 2 | 2 |
| 92 | Sassi, Lazhar | LG Alsbach | 2003 | MSD | 00.02.10 | 1 | 1 | 3 |
| 88 | Bolling, Bianca | Alsbach | 2002 | WSD | 00.02.12 | 3 | 3 | 4 |
| 89 | Meudt, Emilio | VfL Alsbach | 2002 | MSD | 00.03.29 | 2 | 2 | 5 |

| 18.6.2011, 22. Volkslauf Alsbach: 1 km Schüler(-innen) A-C | | | | | | | | |
|---|---------------------|--------------------|----------|--------|----------|--------------|---------------|--------------|
| Start-Nr. | Name | Verein/Ort | Jahrgang | Klasse | Endzeit | Platz Klasse | Platz Geschl. | Platz gesamt |
| 5 | Lemle, David | TuS Hachenburg | 2001 | MSC | 00.03.46 | 1 | 1 | 1 |
| 91 | Neizert, Malte | LSC Maischeid | 2000 | MSC | 00.03.47 | 2 | 2 | 2 |
| 87 | Ladee, Marvin | | 2000 | MSC | 00.04.18 | 3 | 3 | 3 |
| 93 | Bertuleit, Pascal | TV08 Baumbach | 2001 | MSC | 00.04.19 | 4 | 4 | 4 |
| 86 | Noga, Timo | | 2000 | MSC | 00.05.02 | 5 | 5 | 5 |
| 98 | Mohr, Carina | Musikverein Nauort | 1999 | WSB | 00.05.12 | 1 | 1 | 6 |
| 99 | Eulberg, Lea | Fortuna Nauort | 1999 | WSB | 00.05.25 | 2 | 2 | 7 |
| 97 | Emmerich, Franziska | | 1999 | WSB | 00.05.26 | 3 | 3 | 8 |

| 18.6.2011, 22. Volkslauf Alsbach: 4,2 km Jedermannlauf | | | | | | | | |
|---|--------------------|---------------|----------|--------|----------|--------------|---------------|--------------|
| Start-Nr. | Name | Verein/Ort | Jahrgang | Klasse | Endzeit | Platz Klasse | Platz Geschl. | Platz gesamt |
| 6 | Krauß, Tobias | LSC Maischeid | 1994 | M | 00.17.26 | 1 | 1 | 1 |
| 214 | Hermann, Niklas | LG Alsbach | 1997 | M | 00.21.15 | 2 | 2 | 2 |
| 211 | Heuser, Tim | Ransbach | 1999 | M | 00.21.39 | 3 | 3 | 3 |
| 132 | Heuser, Valentin | | 1997 | M | 00.22.35 | 4 | 4 | 4 |
| 104 | Bertuleit, Pascal | TV08 Baumbach | 2001 | M | 00.22.51 | 5 | 5 | 5 |
| 133 | Tofelde, Tobias | | 2002 | M | 00.23.13 | 6 | 6 | 6 |
| 170 | Hermann, Rainer | LT TuS Lonnig | 1963 | M | 00.23.16 | 7 | 7 | 7 |
| 202 | Bertuleit, Daniela | TV08 Baumbach | 1971 | F | 00.23.53 | 1 | 1 | 8 |
| 134 | Heuser, Linus | | 2002 | M | 00.24.01 | 8 | 8 | 9 |
| 7 | Kreuter, Heike | LT TuS Lonnig | 1965 | F | 00.25.38 | 2 | 2 | 10 |
| 201 | Kröber, Lucas | TuS Mogendorf | 1992 | M | 00.32.17 | 9 | 9 | 11 |

| 18.6.2011, 22. Volkslauf Alsbach: 4,2 km Walking | | | | | | | | |
|--|-------------------------|---------------------------|----------|--------|----------|--------------|---------------|--------------|
| Start-Nr. | Name | Verein/Ort | Jahrgang | Klasse | Endzeit | Platz Klasse | Platz Geschl. | Platz gesamt |
| 177 | Weller, Roberto | SC Alemmannia Dreikirchen | 1934 | M | 00.30.38 | 1 | 1 | 1 |
| 208 | Nickol, Eberhard | LC Eschborn | 1939 | M | 00.30.55 | 2 | 2 | 2 |
| 19 | Meyer, Addi | BTV Brühl | 1934 | M | 00.31.08 | 3 | 3 | 3 |
| 131 | Vierbuchen, Gerhard | | 1954 | M | 00.31.08 | 3 | 3 | 3 |
| 102 | Preußner, Siegfried | SG Niederbreitbach | 1943 | M | 00.32.26 | 5 | 5 | 5 |
| 9 | Volz, Hannelore | SV Waldesch | 1946 | F | 00.32.29 | 1 | 1 | 6 |
| 160 | Eichenauer, Franz-Josef | Nordic-Walking-Treff Da. | 1949 | M | 00.32.53 | 6 | 6 | 7 |
| 10 | Langers, Maria | DJK Ochtendung | 1955 | F | 00.33.04 | 2 | 2 | 8 |
| 178 | Milles, Willi | LT Weißenthurm | 1935 | M | 00.33.12 | 7 | 7 | 9 |
| 11 | Liesenfeld, Hans | LT Heimbach-Weis | 1945 | M | 00.33.15 | 8 | 8 | 10 |
| 15 | Etteldorf, Inge | LT Heimbach-Weis | 1944 | F | 00.33.39 | 3 | 3 | 11 |
| 161 | Bruchhaus, Günter | LG Laacher See Mendig | 1936 | M | 00.33.55 | 9 | 9 | 12 |
| 13 | Herrmann, Klaus | Meddy's LWT Koblenz + TEA | 1957 | M | 00.33.59 | 10 | 10 | 13 |
| 12 | Ober, Doris | | 1957 | F | 00.34.50 | 4 | 4 | 14 |
| 166 | Freisberg, Marlene | LT Heimbach-Weis | 1949 | F | 00.35.34 | 5 | 5 | 15 |
| 204 | Eger, Christa | LT Bad Breisig | 1933 | F | 00.36.39 | 6 | 6 | 16 |
| 205 | Eger, Lothar | LT Bad Breisig | 1939 | M | 00.36.40 | 11 | 11 | 17 |
| 209 | Nickol, Hedi | LC Eschborn | 1940 | F | 00.36.53 | 7 | 7 | 18 |
| 8 | Schnabel, Alfred | Volkssportfreunde Gießen | 1933 | M | 00.38.47 | 12 | 12 | 19 |
| 75 | MÜLLER, ULRICH | LT HEIMBACH-WEIS | 1954 | M | 00.39.38 | 13 | 13 | 20 |
| 162 | Klaas, Klemens | SV Waldesch | 1932 | M | 00.40.02 | 14 | 14 | 21 |
| 79 | Ringel, Daniela | LG Laacher See | 1985 | F | 00.40.12 | 8 | 8 | 22 |
| 172 | Münzer, Marion | | 1970 | F | 00.40.14 | 9 | 9 | 23 |
| 200 | Noga, Claudia | | 1970 | F | 00.40.14 | 9 | 9 | 23 |
| 14 | Schultheiß, Eveline | Meddy's LWT Koblenz + TEA | 1960 | F | 00.41.04 | 11 | 11 | 25 |
| 159 | Kragt, Willi | AC Mallendar | 1929 | M | 00.41.32 | 15 | 15 | 26 |
| 18 | Kammerer, Matthias | Volkssportfreunde Gießen | 1948 | M | 00.44.31 | 16 | 16 | 27 |

| 18.6.2011, 22. Volkslauf Alsbach: 10 km Walking | | | | | | | | |
|--|-------------------------|--------------------------|----------|--------|----------|--------------|---------------|--------------|
| Start-Nr. | Name | Verein/Ort | Jahrgang | Klasse | Endzeit | Platz Klasse | Platz Geschl. | Platz gesamt |
| 215 | Hannappel, Karl-Heinz | SC Dreikirchen | 1946 | M | 01.10.37 | 1 | 1 | 1 |
| 206 | Baumann, Jürgen | Dernau | 1944 | M | 01.12.28 | 2 | 2 | 2 |
| 72 | Vierbuchen, Gerhard | | 1954 | M | 01.12.41 | 3 | 3 | 3 |
| 175 | Eichenauer, Franz-Josef | Nordic-Walking-Treff Da. | 1949 | M | 01.18.34 | 4 | 4 | 4 |
| 213 | Herrmann, Klaus | Meddys LWT Koblenz + TEA | 1957 | M | 01.19.12 | 5 | 5 | 5 |
| 108 | Fuss, Klaus | | 1939 | M | 01.25.40 | 6 | 6 | 6 |
| 212 | Schultheiß, Eveline | Meddys LWT Koblenz + TEA | 1960 | F | 01.37.10 | 1 | 1 | 7 |
| 197 | Weber, Angelika | | 1960 | F | 01.37.11 | 2 | 2 | 8 |
| 74 | Müller, Monika | | 1953 | F | 01.38.25 | 3 | 3 | 9 |