

Wäller-Lauf-Cup 2026, Altersklassen-Wertung

Wertung Wäller-Lauf-Cup 2026 (16. Jahr), Stand nach 2 von 11 Läufen							Punkte WLC - Wertung										Punkte Altersklassenwertung											
Name	Verein/Ort	Jahrg.	Klasse	Platz WLC	Klassen-Wertung	Teilnahmen	Summe WLC	L1	L2	L3	L4	L5	L6	L7	L8	L9	L10	Summe AK-W.	L1	L2	L3	L4	L5	L6	L7	L8	L9	L10
Kreudling, Tobias	Laufsport Saukel	2002	M20	12	1	1	48	48	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Nils, Clemens	LG Rhein-Wied	2004	M20	21	1	1	37	0	37	0	0	0	0	0	0	0	0	10	0	10	0	0	0	0	0	0	0	0
Kleene, Maximilian		2000	M20	32	2	1	22	0	22	0	0	0	0	0	0	0	0	9	0	9	0	0	0	0	0	0	0	0
Zwar, Matthias		2001	M20	34	2	1	20	20	0	0	0	0	0	0	0	0	0	9	9	0	0	0	0	0	0	0	0	0
Burkhardt, Dominik	Habyt Training Club	2000	M20	42	3	1	12	0	12	0	0	0	0	0	0	0	0	8	0	8	0	0	0	0	0	0	0	0
Gianni Schmitt, Luca	Koblenz	2003	M20	35	3	1	19	19	0	0	0	0	0	0	0	0	0	8	8	0	0	0	0	0	0	0	0	0
Clemens, Noah	TuS Niederberg	2003	M20	42	4	1	12	12	0	0	0	0	0	0	0	0	0	7	7	0	0	0	0	0	0	0	0	0
Yeru, Kutsal		2002	M20	51	4	1	3	0	3	0	0	0	0	0	0	0	0	7	0	7	0	0	0	0	0	0	0	0
Rieker, Aaron	Die MANNschaft e.V.	1994	M30	7	1	2	74	38	36	0	0	0	0	0	0	0	0	19	10	9	0	0	0	0	0	0	0	
Bürgel, Nils	ASC Weißbachtal	1995	M30	36	2	2	18	16	2	0	0	0	0	0	0	0	0	11	8	3	0	0	0	0	0	0	0	
Wolf, Sebastian	Die MANNschaft e.V.	1994	M30	16	3	1	42	0	42	0	0	0	0	0	0	0	0	10	0	10	0	0	0	0	0	0	0	
Bechthold, Matthias	Spvgg Steinefrenz/Weroth	1992	M30	24	4	1	34	34	0	0	0	0	0	0	0	0	0	9	9	0	0	0	0	0	0	0	0	
Königsbauer, Kevin	TuS Horhausen	1995	M30	24	5	1	34	0	34	0	0	0	0	0	0	0	0	8	0	8	0	0	0	0	0	0	0	
Demer, Manuel		1996	M30	26	6	1	32	0	32	0	0	0	0	0	0	0	0	7	0	7	0	0	0	0	0	0	0	
Ulmer, Phillip	SG Eggert/Krunkel	1995	M30	54	6	1	0	0	0	0	0	0	0	0	0	0	0	7	7	0	0	0	0	0	0	0	0	
Schlimm, Lennard	Die MANNschaft e.V.	1994	M30	30	7	1	26	0	26	0	0	0	0	0	0	0	0	6	0	6	0	0	0	0	0	0	0	
Warkentin, Till	TUS Dahlheim	1996	M30	54	7	1	0	0	0	0	0	0	0	0	0	0	0	6	6	0	0	0	0	0	0	0	0	
Oberhuber-Kurth, Jonas		1993	M30	38	8	1	16	0	16	0	0	0	0	0	0	0	0	5	0	5	0	0	0	0	0	0	0	
Spretke, Konrad		1994	M30	54	8	1	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0	0	0	0	0	
Gergert, Dmitrij		1992	M30	48	9	1	6	0	6	0	0	0	0	0	0	0	0	4	0	4	0	0	0	0	0	0	0	
Deußner, Nils	Die 3 Muskelkater	1995	M30	54	10	1	0	0	0	0	0	0	0	0	0	0	0	2	0	2	0	0	0	0	0	0	0	
Ferdinand, Pascal	Die 3 Muskelkater	1996	M30	54	10	1	0	0	0	0	0	0	0	0	0	0	0	2	0	2	0	0	0	0	0	0	0	
Akgün, Selcuk	High Fashion, Low Pace	1992	M30	54	11	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Schmahl, Christopher	High Fashion, Low Pace	1993	M30	54	11	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
van Riesen, Thierry	LG Rhein-Wied	1990	M35	1	1	2	100	50	50	0	0	0	0	0	0	0	0	20	10	10	0	0	0	0	0	0	0	
Kananovic, Arnel	SV Niederelbert TriBärs	1990	M35	14	2	1	46	46	0	0	0	0	0	0	0	0	0	9	9	0	0	0	0	0	0	0	0	
Knie, Manuel	TriBärs SV Niederelbert	1989	M35	12	2	1	48	0	48	0	0	0	0	0	0	0	0	9	0	9	0	0	0	0	0	0	0	
Becker, Manuel	LG Rhein-Wied	1991	M35	19	3	1	39	0	39	0	0	0	0	0	0	0	0	8	0	8	0	0	0	0	0	0	0	
Hoffmann, Felix		1990	M35	44	3	2	10	10	0	0	0	0	0	0	0	0	0	8	7	1	0	0	0	0	0	0	0	
Mertes, Christian		1989	M35	25	3	1	33	33	0	0	0	0	0	0	0	0	0	8	8	0	0	0	0	0	0	0	0	
Bolz-Hartmann, Christopher		1991	M35	20	4	1	38	0	38	0	0	0	0	0	0	0	0	7	0	7	0	0	0	0	0	0	0	
Häbel, Marcel	Die MANNschaft e.V.	1987	M35	33	5	1	21	0	21	0	0	0	0	0	0	0	0	6	0	6	0	0	0	0	0	0	0	
Martini, Mario	TuS Niederberg	1988	M35	45	5	1	9	9	0	0	0	0	0	0	0	0	0	6	6	0	0	0	0	0	0	0	0	
Backes, Christoph	TuS Niederberg	1990	M35	46	6	1	8	8	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0	0	0	0	0	
Menzel, Stefan		1987	M35	40	6	1	14	0	14	0	0	0	0	0	0	0	0	5	0	5	0	0	0	0	0	0	0	
Ferdinand, Andre	Taxrunner	1987	M35	45	7	1	9	0	9	0	0	0	0	0	0	0	0	4	0	4	0	0	0	0	0	0	0	
Spretke, Konstantin		1990	M35	54	7	1	0	0	0	0	0	0	0	0	0	0	0	4	4	0	0	0	0	0	0	0	0	
Gressnich, Robert	TC Gemünden	1991	M35	47	8	1	7	0	7	0	0	0	0	0	0	0	0	3	0	3	0	0	0	0	0	0	0	
Jeske, Oliver	TuS Horhausen	1989	M35	54	9	1	0	0	0	0	0	0	0	0	0	0	0	2	0	2	0	0	0	0	0	0	0	

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Cramer, Tobias	Heiligenroth	1985	M40	8	1	2	65	32	33	0	0	0	0	0	0	0	0	17	9	8	0	0	0	0	0	0	0	0
Butscheike, Andre	FalschRumSpringer Hundsdorf	1986	M40	11	2	2	54	26	28	0	0	0	0	0	0	0	0	14	7	7	0	0	0	0	0	0	0	0
Dornauf, Michael	SG Neuhusel	1985	M40	22	3	1	36	36	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Hamm, benedikt	SG Neuhusel	1986	M40	12	3	2	48	25	23	0	0	0	0	0	0	0	0	10	6	4	0	0	0	0	0	0	0	0
Hillen, Lars		1984	M40	15	3	1	44	0	44	0	0	0	0	0	0	0	0	10	0	10	0	0	0	0	0	0	0	0
Kemmel, Alexander		1986	M40	13	3	2	47	23	24	0	0	0	0	0	0	0	0	10	5	5	0	0	0	0	0	0	0	0
Reisdorf, Christian	Parkrun Ehrenbreitstein	1982	M40	23	4	1	35	0	35	0	0	0	0	0	0	0	0	9	0	9	0	0	0	0	0	0	0	0
Giesen, Tobias	SC Kannenbackerland	1982	M40	28	5	1	28	28	0	0	0	0	0	0	0	0	0	8	8	0	0	0	0	0	0	0	0	0
Wolf, Alexander	TV Rennerod RUN FOR FUN	1984	M40	17	6	2	41	21	20	0	0	0	0	0	0	0	0	7	4	3	0	0	0	0	0	0	0	0
Blum, Thomas		1982	M40	31	7	1	25	0	25	0	0	0	0	0	0	0	0	6	0	6	0	0	0	0	0	0	0	0
Vierbuchen, Thilo		1984	M40	36	8	1	18	18	0	0	0	0	0	0	0	0	0	3	3	0	0	0	0	0	0	0	0	0
Bennewitz, Rene	Chlorbleiche	1982	M40	37	9	1	17	17	0	0	0	0	0	0	0	0	0	2	2	0	0	0	0	0	0	0	0	0
Lenzen, Paco	Eintracht Guckheim	1985	M40	37	9	1	17	0	17	0	0	0	0	0	0	0	0	2	0	2	0	0	0	0	0	0	0	0
Bohm, Daniel		1983	M40	40	10	1	14	14	0	0	0	0	0	0	0	0	0	1	1	0	0	0	0	0	0	0	0	0
Reckelkamm, Rene	westwoodrunner	1983	M40	39	10	1	15	0	15	0	0	0	0	0	0	0	0	1	0	1	0	0	0	0	0	0	0	0
Callet, Fabrice	RSG Montabaur	1982	M40	49	11	1	5	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Faber, Sascha	munz Lauftreff Westerwald	1982	M40	54	11	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Giloy, Frank		1985	M40	54	11	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Mayer, Leon	ASV Boden	1983	M40	54	11	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Wilde, Daniel		1984	M40	46	11	1	8	0	8	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Gros, Benjamin	Running Team Bad Ems	1981	M45	2	1	2	91	45	46	0	0	0	0	0	0	0	0	20	10	10	0	0	0	0	0	0	0	0
Bruning, Dominic	SF Hohr-Grenz. BRUNING INTERIORS	1981	M45	3	2	2	88	43	45	0	0	0	0	0	0	0	0	18	9	9	0	0	0	0	0	0	0	0
Joswig, Pierre	Die MANNschaft e.V.	1980	M45	6	3	2	82	39	43	0	0	0	0	0	0	0	0	15	7	8	0	0	0	0	0	0	0	0
Strobel, Otto	DLRG Vallendar	1977	M45	5	3	2	83	42	41	0	0	0	0	0	0	0	0	15	8	7	0	0	0	0	0	0	0	0
Winkel, Florian	SG Neuhusel	1980	M45	9	4	2	61	30	31	0	0	0	0	0	0	0	0	11	5	6	0	0	0	0	0	0	0	0
Zyrm, Pepe	Lame Runners	1978	M45	21	5	1	37	37	0	0	0	0	0	0	0	0	0	6	6	0	0	0	0	0	0	0	0	0
Hoenniger, Stefan	Habyt Training Club	1977	M45	41	6	1	13	0	13	0	0	0	0	0	0	0	0	5	0	5	0	0	0	0	0	0	0	0
Menningen, Manuel	SV Niederelbert	1979	M45	41	7	1	13	13	0	0	0	0	0	0	0	0	0	4	4	0	0	0	0	0	0	0	0	0
Mies, Dominik	Team Triathlon Dreikirchen	1977	M45	43	7	1	11	0	11	0	0	0	0	0	0	0	0	4	0	4	0	0	0	0	0	0	0	0
Horeth, Ralf	Chlorbleiche	1980	M45	50	8	1	4	4	0	0	0	0	0	0	0	0	0	3	3	0	0	0	0	0	0	0	0	0
Horz, Matthias		1981	M45	54	8	1	0	0	0	0	0	0	0	0	0	0	0	3	0	3	0	0	0	0	0	0	0	0
Bores, Heiko		1978	M45	54	9	1	0	0	0	0	0	0	0	0	0	0	0	2	0	2	0	0	0	0	0	0	0	0
Spretke, Daniel		1981	M45	54	9	1	0	0	0	0	0	0	0	0	0	0	0	2	2	0	0	0	0	0	0	0	0	0
Wolf, Daniel	TV Rennerod	1977	M45	54	10	1	0	0	0	0	0	0	0	0	0	0	0	1	1	0	0	0	0	0	0	0	0	0
Grell, Mathias	LG Laacher See	1978	M45	54	11	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Neels, Tom	Neuhusel	1979	M45	54	11	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Schutz, Andreas	TriBars SV Niederelbert	1973	M50	4	1	2	84	44	40	0	0	0	0	0	0	0	0	20	10	10	0	0	0	0	0	0	0	0
Alberti, Marko	Running Team Bad Ems	1973	M50	43	2	2	11	11	0	0	0	0	0	0	0	0	0	16	7	9	0	0	0	0	0	0	0	0
Klein, Uwe	LG Rhein-Wied	1972	M50	18	3	1	40	40	0	0	0	0	0	0	0	0	0	9	9	0	0	0	0	0	0	0	0	0
Boeres, Sascha		1975	M50	54	4	1	0	0	0	0	0	0	0	0	0	0	0	8	0	8	0	0	0	0	0	0	0	0
Pommer, Mario	Meddys LWT Koblenz	1973	M50	27	4	1	29	29	0	0	0	0	0	0	0	0	0	8	8	0	0	0	0	0	0	0	0	0
Schulte-Altedorneburg, Thilo	munz Lauftreff Westerwald	1974	M50	54	5	1	0	0	0	0	0	0	0	0	0	0	0	6	6	0	0	0	0	0	0	0	0	0
Ringel, Michael	LG Laacher See	1974	M50	54	6	1	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0	0	0	0	0	0
Gorg, Andre	Team Triathlon Dreikirchen	1970	M55	18	1	2	40	22	18	0	0	0	0	0	0	0	0	19	9	10	0	0	0	0	0	0	0	0
Wagner, Thomas		1971	M55	54	2	2	0	0	0	0	0	0	0	0	0	0	0	13	7	6	0	0	0	0	0	0	0	0
Ickenroth, Alexander	SV Niederelbert	1969	M55	17	3	1	41	41	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Meuer, Marco	RSG Montabaur	1971	M55	50	4	1	4	0	4	0	0	0	0	0	0	0	0	9	0	9	0	0	0	0	0	0	0	0
Normann, Helmut	SG Neuhusel	1967	M55	53	5	1	1	0	1	0	0	0	0	0	0	0	0	8	0	8	0	0	0	0	0	0	0	0
Stigler, Christoph		1971	M55	49	5	1	5	5	0	0	0	0	0	0	0	0	0	8	8	0	0	0	0	0	0	0	0	0
Muller, Klaus Dieter	LG Laacher See	1971	M55	54	6	1	0	0	0	0	0	0	0	0	0	0	0	7	0	7	0	0	0	0	0	0	0	0

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Bockler, Franz	LT Hohr-Grenzhausen	1964	M60	54	1	2	0	0	0	0	0	0	0	0	0	0	0	19	9	10	0	0	0	0	0	0	0	0
Schutz, Thomas	LG Laacher See	1964	M60	47	2	1	7	7	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Dittrich, Jorg	Lauftreff Puderbach	1960	M65	11	1	2	54	24	30	0	0	0	0	0	0	0	0	19	9	10	0	0	0	0	0	0	0	0
Frohlich, Chris	Running Team Bad Ems	1959	M65	14	2	2	46	27	19	0	0	0	0	0	0	0	0	18	10	8	0	0	0	0	0	0	0	0
Blank, Ralf	LT Hohr-Grenzhausen	1961	M65	31	3	2	25	15	10	0	0	0	0	0	0	0	0	15	8	7	0	0	0	0	0	0	0	0
Mittler, Josef	SV Herschbach	1957	M65	53	4	2	1	1	0	0	0	0	0	0	0	0	0	11	6	5	0	0	0	0	0	0	0	0
Pries, Ingo	LT Hohr-Grenzhausen	1960	M65	52	4	2	2	2	0	0	0	0	0	0	0	0	0	11	7	4	0	0	0	0	0	0	0	0
Dankers, Heinz	LG Brechen	1960	M65	29	5	1	27	0	27	0	0	0	0	0	0	0	0	9	0	9	0	0	0	0	0	0	0	0
Blech, Manfred	Meudt	1960	M65	54	6	2	0	0	0	0	0	0	0	0	0	0	0	8	5	3	0	0	0	0	0	0	0	0
Leicher, Achim	DJK Marienstatt	1961	M65	54	7	1	0	0	0	0	0	0	0	0	0	0	0	6	0	6	0	0	0	0	0	0	0	0
Quirnbach, Thomas	SV Leuterod	1961	M65	54	8	1	0	0	0	0	0	0	0	0	0	0	0	2	0	2	0	0	0	0	0	0	0	0
Gorg, Achim	TuS Mogendorf	1961	M65	54	9	1	0	0	0	0	0	0	0	0	0	0	0	1	0	1	0	0	0	0	0	0	0	0
Erfeldt, Reinhard	Gromaischeid	1956	M70	54	1	2	0	0	0	0	0	0	0	0	0	0	0	17	8	9	0	0	0	0	0	0	0	0
Gerhard, Vierbuchen		1954	M70	54	2	1	0	0	0	0	0	0	0	0	0	0	0	10	0	10	0	0	0	0	0	0	0	0
Vierbuchen, Gerhard		1954	M70	48	2	1	6	6	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Bruckmann, Rainer	Running Team Bad Ems	1953	M70	51	3	1	3	3	0	0	0	0	0	0	0	0	0	9	9	0	0	0	0	0	0	0	0	0
Stroder, Reiner	TV Ransbach	1950	M75	54	1	2	0	0	0	0	0	0	0	0	0	0	0	20	10	10	0	0	0	0	0	0	0	0
Becker, August	DJK Ochtendung	1950	M75	54	2	1	0	0	0	0	0	0	0	0	0	0	0	9	9	0	0	0	0	0	0	0	0	0
WUST, NORBERT	TuS WALLMEROD	1949	M75	54	2	1	0	0	0	0	0	0	0	0	0	0	0	9	0	9	0	0	0	0	0	0	0	0
Marake, Bernhard	Meddys LWT Koblenz	1945	M80	54	1	2	0	0	0	0	0	0	0	0	0	0	0	19	10	9	0	0	0	0	0	0	0	0
Quirnbach, Werner		1942	M80	54	2	1	0	0	0	0	0	0	0	0	0	0	0	10	0	10	0	0	0	0	0	0	0	0
Krifka, Finn	ASV Boden	2009	MU18	54	1	1	0	0	0	0	0	0	0	0	0	0	0	10	0	10	0	0	0	0	0	0	0	0
Paare, Ben	Altenkirchen	2010	MU18	23	1	1	35	35	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Polke, Felix	Sieben-Wege-Team	2010	MU18	54	2	1	0	0	0	0	0	0	0	0	0	0	0	9	0	9	0	0	0	0	0	0	0	0
Horn, Malte		2008	MU20	10	1	2	60	31	29	0	0	0	0	0	0	0	0	20	10	10	0	0	0	0	0	0	0	0

Wertung Wäller-Lauf-Cup 2026 (16. Jahr), Stand nach 2 von 11 Läufen							Punkte WLC - Wertung										Punkte Altersklassenwertung											
Name	Verein/Ort	Jahrg.	Klasse	Platz WLC	Klassen-Wertung	Teilnahmen	Summe WLC	L1	L2	L3	L4	L5	L6	L7	L8	L9	L10	Summe AK-W.	L1	L2	L3	L4	L5	L6	L7	L8	L9	L10
Brösch, Marie-Christin	PSV Wengerohr	2005	W20	14	1	1	41	41	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Schlag, Chiara	LG Dornburg	1998	W20	8	1	1	48	0	48	0	0	0	0	0	0	0	0	10	0	10	0	0	0	0	0	0	0	0
Bienwald, Olivia		1999	W20	26	2	1	28	28	0	0	0	0	0	0	0	0	0	9	9	0	0	0	0	0	0	0	0	0
Salic, Sehada	TuS Ahrbach Damen	1999	W20	30	2	1	23	0	23	0	0	0	0	0	0	0	0	9	0	9	0	0	0	0	0	0	0	0
Bürgel, Lisa Marie	ASC Weißbachtal	1993	W30	6	1	2	61	31	30	0	0	0	0	0	0	0	0	18	10	8	0	0	0	0	0	0	0	0
Gilles, Clarissa	Die MANNschaft e.V.	1992	W30	7	2	1	50	0	50	0	0	0	0	0	0	0	0	10	0	10	0	0	0	0	0	0	0	0
Jost, Michelle		1992	W30	33	3	1	18	18	0	0	0	0	0	0	0	0	0	9	9	0	0	0	0	0	0	0	0	0
Lambertin, Sophie		1996	W30	21	3	1	33	0	33	0	0	0	0	0	0	0	0	9	0	9	0	0	0	0	0	0	0	0
Vatter, Tabea		1994	W30	29	4	1	25	0	25	0	0	0	0	0	0	0	0	7	0	7	0	0	0	0	0	0	0	0
Wenzel, Christiane		1989	W35	5	1	2	62	32	30	0	0	0	0	0	0	0	0	19	9	10	0	0	0	0	0	0	0	0
Raduschewski, Natali	Chlorbleiche	1988	W35	19	2	1	35	35	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Tsagas, Sarah		1989	W35	27	3	1	27	0	27	0	0	0	0	0	0	0	0	9	0	9	0	0	0	0	0	0	0	0
Kiehl, Josefina	TV Ehrenbreitstein 1892 e. V.	1987	W35	29	4	1	25	25	0	0	0	0	0	0	0	0	0	8	8	0	0	0	0	0	0	0	0	0
Lanzinger, Nelli		1987	W35	28	4	1	26	0	26	0	0	0	0	0	0	0	0	8	0	8	0	0	0	0	0	0	0	0
Jost, Carolin		1991	W35	30	5	1	23	23	0	0	0	0	0	0	0	0	0	7	7	0	0	0	0	0	0	0	0	0
Schmidt, Johanna		1989	W35	29	5	1	25	0	25	0	0	0	0	0	0	0	0	7	0	7	0	0	0	0	0	0	0	0
Misini, Helena		1984	W40	4	1	2	73	38	35	0	0	0	0	0	0	0	0	14	7	7	0	0	0	0	0	0	0	0
Butscheike, Diana	Team Hundsorf	1985	W40	9	2	1	46	46	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Noll, Alexandra	Klattis Clan	1985	W40	11	2	1	44	0	44	0	0	0	0	0	0	0	0	10	0	10	0	0	0	0	0	0	0	0
Bär, Anna		1985	W40	15	3	1	39	0	39	0	0	0	0	0	0	0	0	9	0	9	0	0	0	0	0	0	0	0
Spretke, Juliane		1983	W40	10	3	1	45	45	0	0	0	0	0	0	0	0	0	9	9	0	0	0	0	0	0	0	0	0
Andrea, Vierbuchen		1984	W40	16	4	1	38	0	38	0	0	0	0	0	0	0	0	8	0	8	0	0	0	0	0	0	0	0
Vierbuchen, Andrea		1984	W40	15	4	1	39	39	0	0	0	0	0	0	0	0	0	8	8	0	0	0	0	0	0	0	0	0
Ridder, Meike	SG Eggert/Krunkel	1984	W40	20	5	1	34	34	0	0	0	0	0	0	0	0	0	6	6	0	0	0	0	0	0	0	0	0
Künstler, Nadja	SG Neuhäusel e.V.	1982	W40	21	6	1	33	33	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0	0	0	0	0	0
Haack, Nicole	münz Lauftreff Westerwald	1982	W40	24	7	1	30	30	0	0	0	0	0	0	0	0	0	4	4	0	0	0	0	0	0	0	0	0
Klotz, Christine		1983	W40	25	8	1	29	29	0	0	0	0	0	0	0	0	0	3	3	0	0	0	0	0	0	0	0	0
Hohenstein, Melanie	TV Eitelborn	1983	W40	31	9	1	22	22	0	0	0	0	0	0	0	0	0	2	2	0	0	0	0	0	0	0	0	0
Goldstein, Christine	Münz Lauftreff Westerwald	1980	W45	1	1	2	93	48	45	0	0	0	0	0	0	0	0	19	10	9	0	0	0	0	0	0	0	0
Alves, Susen		1981	W45	2	2	2	85	44	41	0	0	0	0	0	0	0	0	16	9	7	0	0	0	0	0	0	0	0
Höhn, Silvia	TriBärs SV Niederelbert	1980	W45	9	3	1	46	0	46	0	0	0	0	0	0	0	0	10	0	10	0	0	0	0	0	0	0	0
Born, Doreen	münz Lauftreff Westerwald	1977	W45	12	4	1	43	43	0	0	0	0	0	0	0	0	0	8	8	0	0	0	0	0	0	0	0	0
Schneeloch, Sonja	TuS Horhausen	1981	W45	12	4	1	43	0	43	0	0	0	0	0	0	0	0	8	0	8	0	0	0	0	0	0	0	0
Ströbel, Vera	DLRG Vallendar	1978	W45	32	5	1	21	21	0	0	0	0	0	0	0	0	0	7	7	0	0	0	0	0	0	0	0	0
Wagner, Ramona		1979	W45	22	6	1	32	0	32	0	0	0	0	0	0	0	0	6	0	6	0	0	0	0	0	0	0	0
Alberti, Julia	Running Team Bad Ems	1972	W50	3	1	2	80	40	40	0	0	0	0	0	0	0	0	18	9	9	0	0	0	0	0	0	0	0
Groß, Marion	SG Neuhäusel	1976	W50	13	2	1	42	0	42	0	0	0	0	0	0	0	0	10	0	10	0	0	0	0	0	0	0	0
Wippenbeck, Petra	Meddys LWT Koblenz e.V.	1974	W50	13	2	1	42	42	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Escher, Anette		1975	W50	20	3	1	34	0	34	0	0	0	0	0	0	0	0	8	0	8	0	0	0	0	0	0	0	0
Smolka, Kerstin	Marathon Schwarzwasser	1974	W50	18	3	1	36	36	0	0	0	0	0	0	0	0	0	8	8	0	0	0	0	0	0	0	0	0
Schellhaas, Anja	SG Neuhäusel	1970	W55	18	1	1	36	0	36	0	0	0	0	0	0	0	0	10	0	10	0	0	0	0	0	0	0	0
Schmidt, Tatjana	Sportfreunde Puderbach	1963	W60	8	1	2	48	26	22	0	0	0	0	0	0	0	0	18	9	9	0	0	0	0	0	0	0	0
Schmidt, Swetlana	Sportfreunde Puderbach	1965	W60	16	2	2	38	19	19	0	0	0	0	0	0	0	0	16	8	8	0	0	0	0	0	0	0	0
Krekel, Antje	WSG Bad Marienberg	1963	W60	17	3	1	37	0	37	0	0	0	0	0	0	0	0	10	0	10	0	0	0	0	0	0	0	0
Stamm, Annette	LG Alsbach	1962	W60	27	3	1	27	27	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Bruchof, Heike	SG Neuhäusel	1957	W65	23	1	1	31	0	31	0	0	0	0	0	0	0	0	10	0	10	0	0	0	0	0	0	0	0
Massion, Anita Erwine	LG Laacher See	1959	W65	26	2	1	28	0	28	0	0	0	0	0	0	0	0	9	0	9	0	0	0	0	0	0	0	0
Brenk, Marita	LG Westerwald	1955	W70	14	1	2	41	20	21	0	0	0	0	0	0	0	0	19	9	10	0	0	0	0	0	0	0	0
Ströder, Gertrud	TV Ransbach	1956	W70	11	1	2	44	24	20	0	0	0	0	0	0	0	0	19	10	9	0	0	0	0	0	0	0	0
Bormann, Hanna	Lame Runners	2009	WU18	17	1	1	37	37	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0
Smolka, Lia	LG Rhein-Wied	2008	WU20	7	1	1	50	50	0	0	0	0	0	0	0	0	0	10	10	0	0	0	0	0	0	0	0	0